

Strattera (atomoxetine)



What is it usually prescribed for?

ADHD (attention-deficit/hyperactivity disorder) and other conditions.



How does it work?

Strattera helps improve attention, concentration, wakefulness, and hyperactivity by boosting the brain chemical norepinephrine.



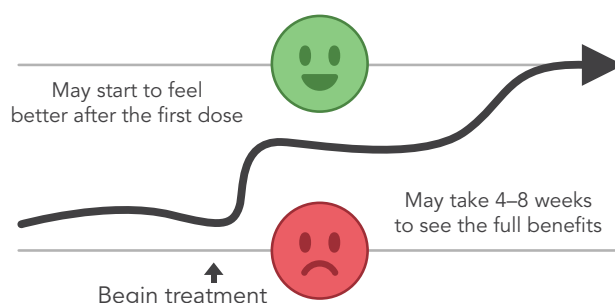
What should I expect?

It may take a few weeks for you to feel the full benefits of taking this medicine. Some symptoms may improve after the first dose, but in some cases the full benefits of this medicine may take up to 4–8 weeks once the right dose is determined.

Your healthcare professional will start with a low dose that is slowly increased to find the best dose that works for you. Tell your healthcare professional how it's working for you and if you have any side effects so the dose can be changed if needed.

Your healthcare professional may check your blood pressure before starting treatment and during treatment occasionally because Strattera can increase blood pressure.

WHEN WILL I FEEL BETTER?



Take Strattera exactly as prescribed to get the full benefit of this medicine.



Will I have side effects?

You may or may not have side effects when taking Strattera. Most side effects occur right away but go away with time. The chance of side effects increases with larger doses.

What are common side effects and what can I do to feel better?

If your side effects are mild, talk to your healthcare professional about them at your next appointment.

	Drink plenty of water	Drink less alcohol	Eat small meals more often	Healthcare professional suggestion
Upset stomach	X	X	X	
Feeling less hungry	X		X	
Trouble sleeping		X		
Dry mouth	X	X		
Feeling very tired	X	X		

Note: This is not a complete list of side effects; other side effects are possible. Before starting Strattera, tell your healthcare professional about all the medicines you are taking to avoid unexpected side effects.



Neuroscience Education Institute

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YOU'RE NOT ALONE!

In 2019, Strattera was prescribed nearly 1.6 million times in the United States.






What should I avoid?

Don't start any new medicines, over-the-counter drugs, or herbal remedies without talking to your healthcare professional first. There are many interactions with medicines that may increase your chance of side effects.

Do not suddenly stop taking Strattera unless your healthcare professional has told you to, because it can cause your symptoms to return.

Use less alcohol and recreational drugs. They may decrease the benefits of Strattera and increase the chance of side effects.

WHAT IS MOST IMPORTANT TO REMEMBER

-  It may take up to a few weeks for you to feel the benefits of taking this medicine
-  Tell your healthcare professional about any troubling side effects so that you can work together to address them
-  Do not suddenly stop taking this medicine unless told to do so by your healthcare professional
-  Don't start any new medicines, over-the-counter drugs, or herbal remedies without talking to your healthcare professional
-  Get medical care right away if you have serious side effects



When should I call a healthcare professional right away or visit the emergency room?

If you have any **serious** side effects. Here are some examples of serious side effects:

- Thoughts of suicide or are planning to hurt yourself
- Chest pain, trouble breathing, feeling like you might pass out
- Hallucinations (seeing or hearing things that are not there), new behavior problems
- Signs of liver failure: stomach swelling, pain or tenderness, and nausea
- Stomach pain, itching, flu-like symptoms, dark urine, yellowing of the skin or eyes
- Painful or difficult urination
- Penis erection that is painful or lasts longer than 4 hours

If you think there has been an overdose, call your poison control center (800-222-1222) or get medical care right away.



Where can I get more help?

National Alliance on Mental Illness (NAMI) – [nami.org](https://www.nami.org)

National Suicide Prevention Lifeline – Call 1-800-273-TALK (8255)

Crisis Text Line – Text “HELLO” to 741741



Notes and questions for my next appointment

