

# Vraylar (cariprazine)



## What is it usually prescribed for?

Schizophrenia, bipolar disorder, and other conditions.



## How does it work?

Vraylar helps improve thinking, mood, and behavior. Vraylar helps balance the brain chemicals dopamine and serotonin.



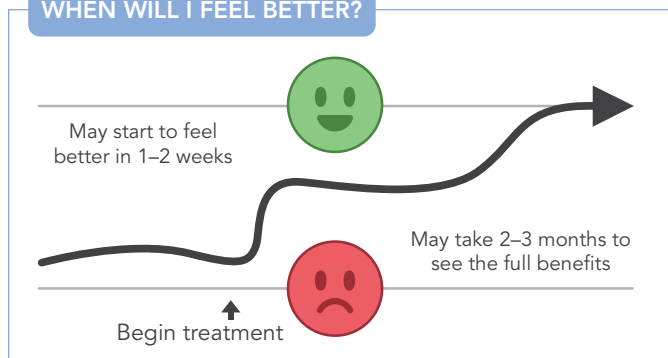
## What should I expect?

Symptoms get better the longer you take Vraylar. Some symptoms may improve in 1–2 weeks. It may take several months for you to see the full benefits of Vraylar.

Your healthcare professional will start with a low dose that is slowly increased to find the best dose that works for you. Tell your healthcare professional about how it's working for you and if you have any side effects so the dose can be changed if needed.

Take Vraylar exactly as prescribed to get the full benefit of this medicine. For example, your healthcare provider may prescribe Vraylar at night if you are feeling sleepy or they may lower your dose if you are feeling restless.

### WHEN WILL I FEEL BETTER?



## Will I have side effects?

You may or may not have side effects when taking Vraylar. Some side effects go away with time, but others require changes to the medicine.

In most cases, treatment is necessary for a long time to control symptoms. Long treatment may increase the chances of some side effects, like problems with weight gain, diabetes, and control of movements.

## What are common side effects and what can I do to feel better?

If your side effects are mild, talk to your healthcare professional about them at your next appointment.

	Drink less alcohol	Do more exercise	Drink plenty of water	Healthcare professional suggestion
Feeling sleepy	X	X		
Upset stomach	X		X	
Headache	X	X	X	
Feeling restless		X		

Note: This is not a complete list of side effects; other side effects are possible. Before starting Vraylar, tell your healthcare professional about all the medicines you are taking to avoid unexpected side effects.



Neuroscience Education Institute

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## YOU'RE NOT ALONE!

In 2018, medications in the same class as Vraylar were prescribed over 2 million times on average in the United States.






## What should I avoid?

Don't start any new medicines, over-the-counter drugs, or herbal remedies without talking to your healthcare professional first. There are many interactions with medicines that may increase your chance of side effects.

Do not suddenly stop taking Vraylar unless your healthcare professional has told you to, because your symptoms may return.

Use less alcohol and recreational drugs. They may decrease the benefits of Vraylar and increase the chance of side effects.

## WHAT IS MOST IMPORTANT TO REMEMBER

-  It may take up to a few months for you to feel the full benefits of taking this medicine
-  Tell your healthcare professional about any troubling side effects so that you can work together to address them
-  Take exactly as prescribed and do not suddenly stop taking this medicine unless told to do so by a healthcare professional
-  Do not start any new medicines, over-the-counter drugs, or herbal remedies without talking to your healthcare professional
-  Get medical care right away if you have serious side effects



## When should I call a healthcare professional right away or visit the emergency room?

If you have any **serious** side effects. Here are some examples of serious side effects:

- Thoughts about suicide or hurting yourself
- Sudden numbness or weakness (especially on one side of the body)
- Uncontrolled muscle movements in your face or other parts of your body
- Very stiff muscles, high fever, sweating, confusion, fast or uneven heartbeats, feeling like you might pass out
- Increased thirst, increased urination, dry mouth, fruity breath odor

If you think there has been an overdose, call your poison control center (800-222-1222) or get medical care right away.



## Where can I get more help?

National Alliance on Mental Illness (NAMI) – [nami.org](https://www.nami.org)

National Suicide Prevention Lifeline – Call 1-800-273-TALK (8255)

Crisis Text Line – Text “HELLO” to 741741



## Notes and questions for my next appointment

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