

Austedo (deutetrabenazine)



What is it usually prescribed for?

Tardive dyskinesia (uncontrollable movements in the face, neck, arms, and legs) and chorea (involuntary movement) associated with Huntington's disease.



How does it work?

Austedo helps improve uncontrollable movements that occur with long-term use of specific medications. Austedo reduces the brain chemical dopamine.

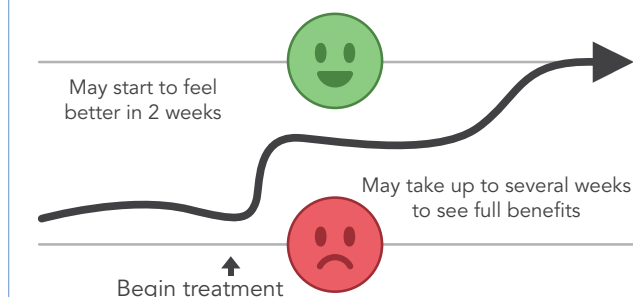


What should I expect?

Symptoms get better the longer you take Austedo. Some symptoms may improve in 2 weeks. It may take up to several weeks for you to see the full benefits of Austedo.

Your healthcare professional will start with a low dose that is slowly increased to find the best dose that works for you. Tell your healthcare professional about how it's working for you and if you have any side effects so the dose can be changed if needed.

WHEN WILL I FEEL BETTER?



Take Austedo exactly as prescribed to get the full benefit of this medicine.



Will I have side effects?

You may or may not have side effects when taking Austedo. Some side effects go away with time, but others require changes to the medicine.

In most cases, treatment is necessary for a long time to control symptoms. Long-term treatment with Austedo is generally safe.

What are common side effects and what can I do to feel better?

If your side effects are mild, talk to your healthcare professional about them at your next appointment.

| | Drink less alcohol | Do more exercise | Drink plenty of water | Healthcare professional suggestion |
|----------------------|--------------------|------------------|-----------------------|------------------------------------|
| Diarrhea | X | | X | |
| Dry mouth | X | | X | |
| Runny or stuffy nose | | | X | |
| Feeling drowsy | X | X | X | |
| Feeling tired | X | X | X | |
| Trouble sleeping | X | X | | |

Note: This is not a complete list of side effects; other side effects are possible. Before starting Austedo, tell your healthcare professional about all the medicines you are taking to avoid unexpected side effects.



Neuroscience Education Institute

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YOU'RE NOT ALONE!

Austedo is prescribed to patients who, in addition to tardive dyskinesia, have a range of mental health disorders, such as schizophrenia and depression.






What should I avoid?

Don't start any new medicines, over-the-counter drugs, or herbal remedies without talking to your healthcare professional first. There are many interactions with medicines that may increase your chance of side effects.

Do not suddenly stop taking Austedo unless your healthcare professional has told you to because your symptoms may return.

Use less alcohol and recreational drugs. They may decrease the benefits of Austedo and increase the chance of side effects.

WHAT IS MOST IMPORTANT TO REMEMBER

-  It may take up to several weeks for you to feel the full benefits of taking this medicine
-  Tell your healthcare professional about any troubling side effects so that you can work together to address them
-  Take exactly as prescribed and do not suddenly stop taking this medicine unless told to do so by a healthcare professional
-  Do not start any new medicines, over-the-counter drugs, or herbal remedies without talking to your healthcare professional
-  Get medical care right away if you have serious side effects



When should I call a healthcare professional right away or visit the emergency room?

If you have any **serious** side effects. Here are some examples of serious side effects:

- Thoughts about suicide or hurting yourself
- Fast or pounding heartbeats, fluttering in your chest, shortness of breath, feeling like you might pass out
- Pain or burning when you urinate
- Severe restlessness or agitation
- Problems with balance or coordination
- Very stiff muscles, high fever sweating, confusion, tremors

If you think there has been an overdose, call your poison control center (800-222-1222) or get medical care right away.



Where can I get more help?

National Alliance on Mental Illness (NAMI) – [nami.org](https://www.nami.org)

National Suicide Prevention Lifeline – Call 1-800-273-TALK (8255)

Crisis Text Line – Text “HELLO” to 741741



Notes and questions for my next appointment

