

# Caplyta (lumateperone)



## What is it usually prescribed for?

Schizophrenia and other conditions.



## How does it work?

Caplyta helps improve thinking, mood, and behavior. Caplyta helps balance the brain chemicals dopamine, serotonin, and glutamate.



## What should I expect?

Symptoms get better the longer you take Caplyta. Some symptoms may improve in 1–2 weeks. It may take several months for you to see the full benefits of Caplyta.

Your healthcare professional will start with a low dose that is slowly increased to find the best dose that works for you. Tell your healthcare professional about how it's working for you and if you have any side effects so the dose can be changed if needed.

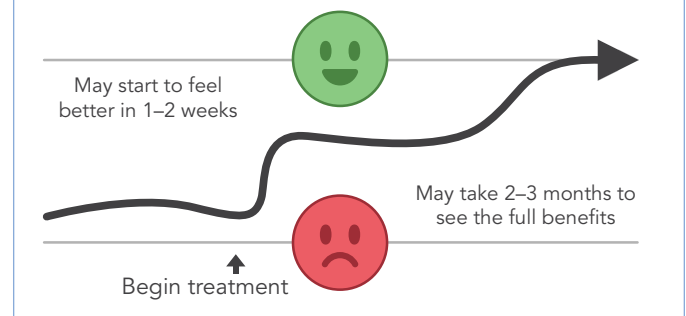
Take Caplyta exactly as prescribed to get the full benefit of this medicine.



## Will I have side effects?

You may or may not have side effects when taking Caplyta. Some side effects go away with time, but others require changes to the medicine.

### WHEN WILL I FEEL BETTER?



In most cases, treatment is necessary for a long time to control symptoms. Long treatment may increase the chances of some side effects, like problems with metabolism and movement.

Problems with metabolism may include high blood sugar, diabetes, increased fat levels in your blood, and weight gain. Your healthcare provider will monitor your blood sugar, fat levels, and weight during treatment.

Problems with movement may include tardive dyskinesia. Tardive dyskinesia may cause movements that you cannot control in your face, tongue, or other body parts.

## What are common side effects and what can I do to feel better?

If your side effects are mild, talk to your healthcare professional about them at your next appointment.

	Drink less alcohol	Do more exercise	Drink plenty of water	Healthcare professional suggestion
Feeling sleepy	X	X		
Dry mouth	X		X	
Nausea	X		X	

Note: This is not a complete list of side effects; other side effects are possible. Before starting Caplyta, tell your healthcare professional about all the medicines you are taking to avoid unexpected side effects.



Neuroscience Education Institute

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## YOU'RE NOT ALONE!

In 2018, medications in the same class as Caplyta were prescribed over 2 million times on average in the United States.



## What should I avoid?

Don't start any new medicines, over-the-counter drugs, or herbal remedies without talking to your healthcare professional first. There are many interactions with medicines that may increase your chance of side effects.

Do not suddenly stop taking Caplyta unless your healthcare professional has told you to, because your symptoms may return.

Use less alcohol and recreational drugs. They may decrease the benefits of Caplyta and increase the chance of side effects.

## WHAT IS MOST IMPORTANT TO REMEMBER



It may take up to a few months for you to feel the full benefits of taking this medicine



Tell your healthcare professional about any troubling side effects so that you can work together to address them



Take exactly as prescribed and do not suddenly stop taking this medicine unless told to do so by a healthcare professional



Do not start any new medicines, over-the-counter drugs, or herbal remedies without talking to your healthcare professional



Get medical care right away if you have serious side effects



## When should I call a healthcare professional right away or visit the emergency room?

If you have any **serious** side effects. Here are some examples of serious side effects:

- Thoughts about suicide or hurting yourself
- Tightness in your neck, trouble swallowing
- Fever, chills, mouth sores, skin sore, sore throat, cough, trouble breathing
- Very stiff muscles, high fever, sweating, confusion, fast or uneven heartbeats, feeling like you might pass out
- Increased thirst, increased urination, dry mouth, fruity breath odor

If you think there has been an overdose, call your poison control center (800-222-1222) or get medical care right away.



## Where can I get more help?

National Alliance on Mental Illness (NAMI) – [nami.org](https://www.nami.org)

National Suicide Prevention Lifeline – Call 1-800-273-TALK (8255)

Crisis Text Line – Text "HELLO" to 741741



## Notes and questions for my next appointment

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