

Lybalvi (olanzapine-samidorphan)



What is it usually prescribed for?

Schizophrenia and bipolar disorder.



How does it work?

Lybalvi helps improve thinking, mood, and behavior. It helps balance the brain chemicals dopamine and serotonin. Lybalvi can also help control the side effect of weight gain in some people.



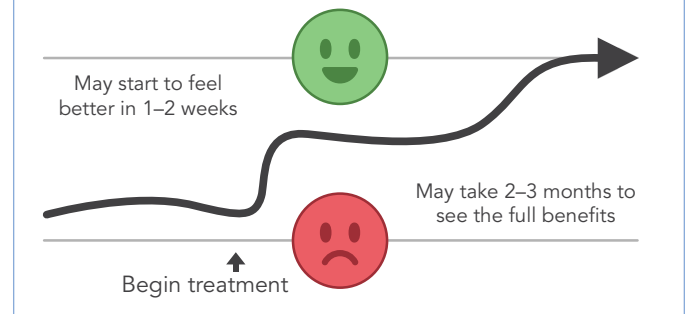
What should I expect?

Symptoms get better the longer you take Lybalvi. Some symptoms may improve in 1–2 weeks. It may take several months for you to see the full benefits of Lybalvi.

Your healthcare professional will start with a low dose that is slowly increased to find the best dose that works for you. Tell your healthcare professional about how it's working for you and if you have any side effects so the dose can be changed if needed.

Take Lybalvi exactly as prescribed to get the full benefit of this medicine.

WHEN WILL I FEEL BETTER?



Will I have side effects?

You may or may not have side effects when taking Lybalvi. Some side effects go away with time, but others require changes to the medicine.

In most cases, treatment is necessary for a long time to control symptoms. Long treatment may increase the chances of some side effects, like problems with weight gain, diabetes, high cholesterol, and control of movements.

Using Lybalvi can cause symptoms of withdrawal such as muscle aches and sweating in people who are dependent on opioids.

What are common side effects and what can I do to feel better?

If your side effects are mild, talk to your healthcare professional about them at your next appointment.

	Drink less alcohol	Do more exercise	Drink plenty of water	Healthcare professional suggestion
Feeling hungrier			X	
Dry mouth	X		X	
Constipation		X	X	
Feeling sleepy	X	X		
Feeling dizzy	X		X	
Headache	X	X	X	

Note: This is not a complete list of side effects; other side effects are possible. Before starting Lybalvi, tell your healthcare professional about all the medicines you are taking to avoid unexpected side effects.



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YOU'RE NOT ALONE!

In 2019, medications in the same class as Lybalvi were prescribed over 3.1 million times in the United States.

⊗ What should I avoid?

Don't start any new medicines, over-the-counter drugs, or herbal remedies without talking to your healthcare professional first. There are many interactions with medicines that may increase your chance of side effects.

Do not suddenly stop taking Lybalvi unless your healthcare professional has told you to because your symptoms may return.

Avoid alcohol, recreational drugs, and prescription opioid medications. They may decrease the benefits of Lybalvi and increase the chance of side effects.

WHAT IS MOST IMPORTANT TO REMEMBER



It may take up to a few months for you to feel the full benefits of taking this medicine



Tell your healthcare professional about any troubling side effects so that you can work together to address them



Take exactly as prescribed and do not suddenly stop taking this medicine unless told to do so by a healthcare professional



Using Lybalvi can cause symptoms of withdrawal in people who are dependent on opioids.



Do not start any new medicines, over-the-counter drugs, or herbal remedies without talking to your healthcare professional



Get medical care right away if you have serious side effects



When should I call a healthcare professional right away or visit the emergency room?

If you have any **serious** side effects. Here are some examples of serious side effects:

- Thoughts about suicide or hurting yourself
- Trouble breathing, feeling faint, very dizzy, confused, or have unusual symptoms
- Rash, swollen glands, fever
- Very stiff muscles, high fever, sweating, confusion, fast or uneven heartbeats, feeling like you might pass out
- Increased thirst, increased urination, dry mouth, fruity breath odor

If you think there has been an overdose, call your poison control center (800-222-1222) or get medical care right away.



Where can I get more help?

National Alliance on Mental Illness (NAMI) – nami.org

National Suicide Prevention Lifeline – Call 1-800-273-TALK (8255)

Crisis Text Line – Text "HELLO" to 741741



Notes and questions for my next appointment

