

Ingrezza (valbenazine)



What is it usually prescribed for?

Tardive dyskinesia (uncontrollable movements in the face, neck, arms, and legs).



How does it work?

Ingrezza helps improve uncontrollable movements that occur with long-term use of specific medications. Ingrezza reduces the brain chemical dopamine.



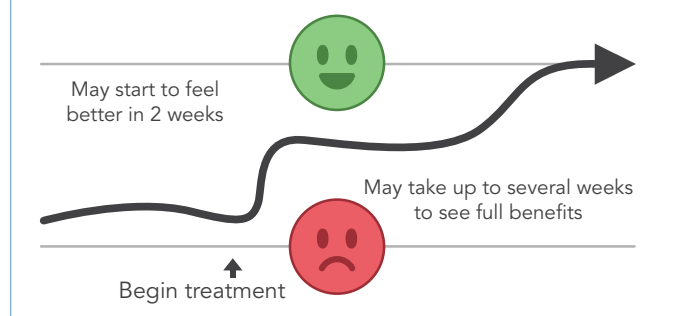
What should I expect?

Symptoms get better the longer you take Ingrezza. Some symptoms may improve in 2 weeks. It may take up to several weeks for you to see the full benefits of Ingrezza.

Your healthcare professional will start with a low dose that is slowly increased to find the best dose that works for you. Tell your healthcare professional about how it's working for you and if you have any side effects so the dose can be changed if needed.

Take Ingrezza exactly as prescribed to get the full benefit of this medicine.

WHEN WILL I FEEL BETTER?



Will I have side effects?

You may or may not have side effects when taking Ingrezza. Some side effects go away with time, but others require changes to the medicine.

In most cases, treatment is necessary for a long time to control symptoms. Long-term treatment with Ingrezza is generally safe.

What are common side effects and what can I do to feel better?

If your side effects are mild, talk to your healthcare professional about them at your next appointment.

	Drink less alcohol	Do more exercise	Drink plenty of water	Healthcare professional suggestion
Headache	X	X	X	
Dry mouth	X		X	
Constipation		X	X	
Feeling drowsy	X	X	X	
Feeling dizzy	X		X	
Feeling restless		X		

Note: This is not a complete list of side effects; other side effects are possible. Before starting Ingrezza, tell your healthcare professional about all the medicines you are taking to avoid unexpected side effects.



Neuroscience Education Institute

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YOU'RE NOT ALONE!

Ingrezza is prescribed to patients who, in addition to tardive dyskinesia, have a range of mental health disorders, such as schizophrenia and depression.






What should I avoid?

Don't start any new medicines, over-the-counter drugs, or herbal remedies without talking to your healthcare professional first. There are many interactions with medicines that may increase your chance of side effects.

Do not suddenly stop taking Ingrezza unless your healthcare professional has told you to because your symptoms may return.

Use less alcohol and recreational drugs. They may decrease the benefits of Ingrezza and increase the chance of side effects.

WHAT IS MOST IMPORTANT TO REMEMBER

-  It may take up to several weeks for you to feel the full benefits of taking this medicine
-  Tell your healthcare professional about any troubling side effects so that you can work together to address them
-  Take exactly as prescribed and do not suddenly stop taking this medicine unless told to do so by a healthcare professional
-  Do not start any new medicines, over-the-counter drugs, or herbal remedies without talking to your healthcare professional
-  Get medical care right away if you have serious side effects



When should I call a healthcare professional right away or visit the emergency room?

If you have any **serious** side effects. Here are some examples of serious side effects:

- Extreme drowsiness
- Fast, slow, or uneven heartbeats
- Pounding heartbeats or fluttering in your chest
- Shortness of breath, feeling like you might pass out
- Parkinson-like symptoms: tremors, shaking, stiffness, problems with balance or walking

If you think there has been an overdose, call your poison control center (800-222-1222) or get medical care right away.



Where can I get more help?

National Alliance on Mental Illness (NAMI) – [nami.org](https://www.nami.org)

National Suicide Prevention Lifeline – Call 1-800-273-TALK (8255)

Crisis Text Line – Text “HELLO” to 741741



Notes and questions for my next appointment

